



**NM MESA Inc. 2019 SENIOR INCENTIVE FIELD TRIP
GENERAL INFORMATION- STUDENT & PARENT MEETING**

NM MESA Seniors have been selected for this trip because of their excellence in many areas including maturity. We traditionally have very few problems on this trip. Students must follow the following regulations and directions. In addition, students will also be provided with further instructions given by the NM MESA staff during the trip in which they are expected to follow or face the possibility of being sent home at their parent's expense. Please understand how crucial being on time and following instruction is for this trip.

YOUR CHAPERONES:

SIFT TRIP COORDINATOR

Anita Gonzales
Statewide Program Coordinator
Email: anita@nmmesa.org
Office: 505-454-3027 or 866-614-2487
Cell: 505-718-9517
Fax: 877-464-6642

SIFT TRIP ASST. COORDINATOR

Shawndean Smith
Email: ssmith@nmmesa.org
Cell: 505-863-9251

NM MESA ADVISORS

Monika Velez, Red Mountain Middle School
Mike Boyle, Robertson High School
Luisa Castillo, West Mesa High School

EMERGENCY

In the event of an emergency, parents can contact your child by calling the NM MESA Statewide office in Albuquerque. The office will then contact the SIFT On Site Trip Coordinator(s). Or please call any of the On Site Staff Cell Numbers above.

Office Phone: (505) 366-2506-Ling Faith Heuertz; Cell Phone: (505) 238-2068

SECOND PAYMENT INFORMATION

February 19: 2nd payment of \$250 due (Advisors-\$175.00). The balance of both payments must equal \$500 (Advisors-\$350). Payment DUE to the NM MESA Main Office along with:

- *Progress Report Form with Grades for the First 9-Weeks of Your Spring Semester*
- *NOTE: Payment MUST BE a Check, Purchase Order, or Money Order made payable to NM MESA. In comment section, please write student name and school so we know where to attribute payment.*
- ***NO REFUNDS will be made for any deposit/payments for this trip***
- *Main Office Address:*
 - *NM MESA, Inc.*
2808 Central SE, Suite #124
Albuquerque, NM 87106
Fax: 505-366-2529

GROUP INFORMATION

Each group will contain 8 students and may be changed as any attendees change. These groups will be used for activity groups.

- All groups will have 1 Advisor chaperone
- All groups will have a secondary NM MESA Staff Chaperone
- Any specific requests please get to Trip Coordinator
- **As we get closer to the event, the event website (where you registered and a link was in your confirmation email) will have group information, final agendas, and rooming lists.**

FLIGHT INFORMATION

- Departure: Sunday, March 17 @ 6:00 AM. Southwest Flight #WN3404. **Arrive at the ABQ Sunport by 4:30AM**
- Arrival: Thursday, March 2 @ 1:55 PM . Southwest Flight #WN3939/WN6157. *SAN Layover.*

NOTES:

- Must have valid Government ID for Check In. Older NM issued identification is still valid though this trip per REAL ID Act as long as it is not expired .
- NM MESA needs your LEGAL name (what's on ID) AND your birthdate. If you need to change, contact the trip coordinator immediately or change on sign in sheet.
- Meet at the NM MESA Group in front of the SW Counters
- Carry-on's cannot have liquids or gels more than 3 oz. and must be placed in a clear plastic bag
- This includes lip glosses, purse items, etc. and it means no full water bottles.
- For a current and complete list of prohibited and allowed flight items visit: <http://www.tsa.gov>

LUGGAGE RESTRICTIONS

Due to luggage-space restrictions, you may bring the following:

- One piece of average-size luggage, not more than 50 Pounds
- One average-size carry-on bag/ backpack
- One personal item (purse, etc). Laptops are NOT encouraged

NOTE: The airline allows (2) Bags, but our ground transportation luggage space is limited. Also, **NM MESA is NOT RESPONSIBLE FOR ANY LOST OR STOLEN ITEMS!!!**

PLEASE SEE TRIP AGENDA:

Please note that the agenda is subject to change. Current agendas will be posted as able on the event website.

ITEMS TO REMEMBER

- Something to read/do on the plane ride (electronic devices, homework, crossword puzzles)
- School identification card. Some locations may need to verify student status, especially if under 18 and do not have REAL ID compliant identification. Also, used as a backup form of ID.
- Calling card /info (if necessary) or cell phone
- Nausea medicine-HIGHLY RECOMMENDED (for motion sickness-plane, boat)
- Empty Water bottle (water at some of our destinations might be expensive and you can't take water past security)
- Small Bag/Backpack (we will be gone for the day from hotel). *NM MESA will provide a small crossbody bag.*
- Comfortable clothes for travel (note that we have activities planned the same days along with travel)
- Extra shoes for outdoor walking or in the event one gets wet.
- Ear plugs/eye mask (for sleeping as needed)
- Sunscreen & Sunglasses
- Camera, Memory Card, Batteries/Charger, etc.
- Jacket and Hat
- Umbrella and/or Rain Jacket- *NM MESA will provide a dry bag and a disposable poncho.*
- Any snacks or special dietary requirements
- Extra pair of contacts/glasses
- NM MESA will provide: messenger bag, dry bag, disposable poncho, and trip shirt for activities.

CLOTHING

GENERAL CLOTHING & ITEMS TO TAKE TO LOCATION

- The weather around San Francisco is expected to be 46°-61°. Days may be warmer, but nights will be cool as we are off of the water. Rain is expected.
- Appropriate pants recommended for most days with 1 pair of "nice" jeans/pants for NASA Day and see below for Day 2. Bring layered appropriate tops. Tennis shoes are recommended. Clothing may be required as we get closer to event.
- Day 2 Specific Information: Warm, layered clothing and sturdy footwear are a must. The layered combination of t-shirt, sweater, hooded sweatshirt or hooded jacket, long pants, hat and rain resistant outer wear are recommended. Gloves and knit hats will help you stay warm. Umbrellas are not allowed in the natural preserve. High winds can blow them away and endanger wildlife. Footwear must be able to withstand gravel, mud, dirt and sandy surfaces. **DO NOT ALLOW OPEN TOED SHOES OR SANDLES**

TO BE WORN. Waterproof footwear is recommended. If rain is forecasted, consider bringing a “change of clothes & shoes” for the ride home. Travelling in wet clothing is not fun. Leave the change of clothes in the bus/car while on the tour. Temperatures can vary by 20 degrees-layer.

- Comfortable shoes and clothing. We will be walking A LOT! Flat, closed-toe/ no heel shoes are suggested (i.e. canvas/ tennis shoes).
- Small bag/backpack: money, camera, sun items, water bottle, etc. (NM MESA will provide a mini crossbody bag for use)
- Appropriate clothing only (no midriff shirts, tank tops, sloppy, revealing, etc.).
- Some areas may not allow pictures and cell phones are to be OFF.

Those not dressed properly will not participate in a activity if particular dress is required.

GENERAL NOTES

- You may dress as you wish as long as it is mature & appropriate
- We trust each student’s judgment BUT reserve the right to correct your dress if needed.

MONEY

We suggest that each student bring \$150.00 - \$250.00 in spending money

- Students will be responsible for 6 meals along with optional items such as: airport snacks/meals, extra snacks, souvenirs, etc.
- Food and souvenirs at locations (airport) can be expensive (a cheap burger may be \$8.00, water may be \$3.00).
- Parents please discuss SAFE MONEY CARRYING PRACTICES with your student. It is vital that students understand how to be safe with their photo ID & spending money.
- We suggest that 1/2+ of the spending money be in a form of payment that is readily accepted & replaceable if necessary. Please don’t bring all cash or all credit/debit card.
- Budgeting is a necessity so that one will have enough money for the entire trip; do not lend money to anyone.
- If any student gets into financial trouble they must talk to the trip coordinator immediately.

HOTEL INFORMATION:

Hampton Inn San Francisco Airport:

300 Gateway Blvd.
South San Francisco, CA 94080

650-616-6186

- Students will be housed up to 4 per room of same gender. Advisors up to 2 per room of same gender.
- Rooms have 2 double beds
- Coffee maker, iron/board, Hairdryer
- On site fitness center
- Business Center, laundry room, On site convenience store, and free wireless internet

GENERAL SIFT RULES

ALL RULES MUST BE FOLLOWED BY BOTH STUDENT AND CHAPERONE! FAILURE TO DO SO COULD RESULT IN TERMINATION FROM THE TRIP AT YOUR EXPENSE!

FLIGHT/TRANSPORT RULES:

- Stay in groups or pairs, DO NOT go ANYWHERE alone.
- Stay close to your assigned group/chaperone in airport.
- When using public transportation, follow chaperone.

HOTEL RULES:

- Room assignments are final! If you have a request it must be submitted to trip coordinator ASAP.
- Students and chaperones MUST remain on hotel grounds upon returning from each day’s activities
- Students need to be in constant communication with chaperone
- Students are NOT allowed out of their room after lights out!

STUDENT RESPONSIBILITIES:

- Always carry your ID
- Passes and Meal Vouchers are non-replaceable by MESA. If you lose any pass or voucher given to you, you will be responsible for full replacement cost.
- Represent MESA's finest students & have fun!

ADVISOR RESPONSIBILITIES:

- Know where your students are at ALL TIMES
- DO NOT assign another chaperone to watch your students unless approved
- Do not alter or deviate from the MESA itinerary at ANY time
- Room checks and other supervisory duties of your assigned students

NOTE: There are specific times where students will be allowed to explore items with a group of students under supervision rules. Students will need to be mindful of check in limitations and safety rules.

PAPERWORK

STUDENTS & PARENTS Please complete and turn-in the following:

- (1) A-3 Student & Parent Field Trip Agreement Forms (Front & Back) One copy of this form is for your records.
- First payment
- Copy of 1st Semester grade report
- Copy of Insurance Card (Front & Back)
- NOTE: All payments ARE NON-REFUNDABLE

ADVISORS ATTENDING TRIP: Please complete and turn-in the following:

- Completed & signed A-3 Form (Front & Back)
- Completed & signed B-5 Form
- First payment